Cycling has many benefits, yet in some countries there is a decrease in numbers of people using bicycles as their main form of transportation. Why is it happening? Give suggestions how to encourage people to use bicycles again.

In this day and age with striking advancements in the field of transportation means less fewer people are keen to commute by bicycles. Individuals are also less eager to pedal bikes even for shopping in close distances, and this essay tries out to explore the causes and solutions for this trend.

One of the consequences of civilization and extraordinary development of industrial cities is the <u>development/improvement evolution</u> of public transportation. Nowadays for people who live in mega cities various methods of public transportation such as taxies, buses and subway are accessible. Therefore, people are more enthusiastic to use these <u>forms devices</u> especially when they find bikes useless to come and go as a result of heavy traffic and long distances. Besides, cycling in crowded streets when <u>three there</u> are not any specific paths/lanes for cyclists presented seems more dangerous rather than beneficial. Riding bicycles needs safe tracks so that riders feel secure and not worried about accidents.

I strongly believe that if there is a will to raise the proportion of people who have chosen cycling as their principal form of transportation, infrastructures for safe and gainful bike riding should have been prepared by local authorities or governments. Individuals should realize that besides all merits of cycling for their health status, it is a clear, easy, useful, and secure way of transporting. In addition, some programs could have been planned to increase the enthusiasm of the public towards cycling. For example, some prizes might be awarded for those who use bicycles to commute every day in <a href="mailto:certain\_determined">certain\_determined</a> periods of time like the privilege of free using of other transportation ways in short time or even cash prizes.

In conclusion, I think (the endless expansion of big cities) urban sprawl and over-population which resulted in crowded streets besides the lack of infrastructures for clear means of transportation like cycling are two main causes of the declining trend of this healthy way of transferring. Therefore, actions in large scales should have be taken/done to reverse this incline.